

Memberships are valid in all Ffit Conwy facilities	
Joining Fee on All Direct Debit Memberships	£10.00
Membership Freeze Fee (Per Month)	£5.00
To apply for your membership to be Frozen email hamdden.leisure@conwy.gov.uk	
*Memberships can only be frozen for a maximum 12 month period.	of 3 months within a
Ffit Standard	
Monthly Ffit Standard Direct Debit	£38.50
One Month Ffit Standard	£48.50
12 Month Ffit Standard	£385.00
7 Day Pass	£17.85
Ffit Corporate	
Monthly Ffit Corporate Direct Debit	£34.65
One Month Ffit Corporate	£44.65
12 Month Ffit Corporate	£346.50
Ffit Junior (11-15 years old)	
Monthly Ffit Junior Direct Debit	£17.35
One Month Ffit Junior	£27.35
12 Month Ffit Junior	£173.50
Ffit Inclusive	
Monthly Ffit Inclusive Direct Debit	£23.10
One Month Ffit Inclusive	£33.10
12 Month Ffit Inclusive	£231.00
7 Day Pass (Over 60s Only)	£10.70
Ffit Disability	
Monthly Ffit Disability Direct Debit	£5.00
12 Month Ffit Disability	£50.00
Aquatic Pass (3-15 year olds & Senior Citizens)	
One Month Aquatic Pass	£15.30
12 Month Aquatic Pass	£153.00

# LOYALTY SUBSCRIPTION

Loyalty subscriptions are valid for 12 months from the date of purchase. For membership eligibility criteria please visit our website

£14.30

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Disability £14.30

**SWIMMING** 

Inclusive

Swim (Adult)	£5.00
Swim (Concession)	£3.00
Swims x 10 (Adult)	£40.00
Swims x 10 (Concession)	£24.00
Swims x 25 (Adult)	£100.00
Swims x 25 (Concession)	£60.00

Books of swims can be used in all Ffit Conwy swimming pools

# **FITNESS SUITE**

Fitness Suite Session 60 mins (Adult)	£6.90
Fitness Suite session 60 mins (Concession)	£4.15
Fitness X 10 (Adult)	£55.20
Fitness X 10 (Concession)	£33.20

Books of Fitness can be used for Fitness Suite sessions and Exercise Classes, in all our facilities.

# **EXERCISE CLASSES**

Exercise class (Adult)	£6.90
Exercise class (Concession)	£4.15
Fitness X 10 (Adult)	£55.20
Fitness X 10 (Concession)	£33.20

Books of Fitness can be used for Fitness Suite sessions and Exercise Classes, in all our facilities.

COACHED / SUPERVISED ACTIVITIES	

Crèche	£2.90
Soft Play session 60 mins	£4.10

ATHLETICS TRACK	
Sessions last 60 min	
Track session (Adult)	£3.95
Track session (Concession)	£2.35

MAIN HALL	
Sessions last 60 min	
Badminton full court (Adult)	£13.30
Badminton full court (Concession)	£8.00
Badminton half court (Adult)	£6.65
Badminton half court (Concession)	£4.00
Hall hire for sport (Adult)	£53.20
Hall hire for sport (Junior)	£32.00
Table Tennis (Adult)	£8.20
Table Tennis (Concession)	£4.90

SQUASH COURT	
Sessions last 40 min	
Full court (Adult)	£8.80
Full court (Concession)	£5.30
Half court (Adult)	£4.40
Half court (Concession)	£2.65
Squash Pass 5 half courts per month (Adult)	£17.60
Squash Pass 5 half courts per month (Concession)	£10.60

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# Soft Play party £95.00 Arena Run-Around party £95.00 Pool party £70.00

INDOOR TENNIS CENTRE

Off Peak Tennis court hire 60 mins (Adult)	£11.80	
Off Peak Tennis court hire 60 mins (Concession)	£8.20	
Peak Tennis court hire 60 mins (Adult)	£18.00	
Peak Tennis court hire 60 mins (Concession)	£12.00	
Peak times are Monday to Friday 4pm till close. Off peak is Monday to Friday 9am till 3pm		
OUTDOOR COURTS		

OUTDOOR COURTS	
Sessions last 60 min	
Tennis court hire (Adult)	£8.30
Tennis court hire (Concession)	£5.00
Netball court hire (Adult)	£18.95
Netball court hire (Junior)	£11.35

# 6-a-side astro-turf 60 mins (Adult) £35.35 6-a-side astro-turf 60 mins (Junior) £21.20 6-a-side 3G/4G 60 mins (Adult) £37.90 6-a-side 3G/4G 60 mins (Junior) £22.75 Grass pitch hire (Adult) £50.80 Grass pitch hire (Junior) £30.50

Additional pitch sizes are available for hire. Please contact the relevant leisure centre for more information.

INDOOR 3G	
Sessions last 60 min	
5 a side quarter pitch (Adult)	£53.20
5 a side quarter pitch (Junior)	£32.00
Half Pitch (Adult)	£100.85
Half Pitch (Junior)	£60.50
Full Pitch (Adult)	£171.45
Full Pitch (Junior)	£102.85

# **TERMS & CONDITIONS**

Concession charges apply to Juniors (under 16 years old) and Senior Citizens (60+)

Prices and charge periods may be altered giving 28 days' notice at this venue

Commercial bookings available by enquiry

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SWIMMING LESSONS	

Monthly Swimming Lessons Direct Debit	£23.35
Monthly Nervous adults & Swimming Lessons Direct Debit (term time only)	£17.75
One to one swim lesson 30 min	£25.00
One to two swim lesson 20 mins	£20 05

Standard

### **SWIMMING LESSONS**

### Sblash (lessons for 3 year olds)

Our Sblash lessons are for children that are three years of age and in part-time school. These lessons have less children per group than our mainstream lessons and the Swim Teachers are in the water with the children.

### Junior lessons

Our lessons are for children over four years of age that are in full-time education. The lessons are held after school and on Saturday mornings at each of our pools. The lessons follow the Swim Wales Aqua Passport framework. The framework ensures that children learn and develop all the skills required to become competent swimmers.

### **Adult lessons**

These lessons are available at each pool and are available for non-swimmers up to competent swimmers that would like to improve their technique.

## One-to-one & One to two lessons

We offer private swimming lessons for adults and juniors. These are offered outside the times of our swimming lesson programme.

0300 456 95 25

www.ffitconwy.co.uk

hamdden.leisure@conwy.gov.uk





