



PRICES & MEMBERSHIPS

2025 / 2026



FFIT CONWY MEMBERSHIPS	
For membership eligibility criteria please visit our website. Memberships are valid in all Ffit Conwy facilities	
Joining Fee on All Direct Debit Memberships	£15.00
Membership Freeze Fee (Per Month)	£5.00
To apply for your membership to be Frozen email hamdden.leisure@conwy.gov.uk	
<i>*Memberships can only be frozen for a maximum of 3 months within a 12 month period.</i>	

Ffit Premium	
Monthly Ffit Premium Direct Debit	£50.00
12 Month Ffit Premium	£500.00
Ffit Standard	
Monthly Ffit Standard Direct Debit	£40.00
One Month Ffit Standard	£50.00
12 Month Ffit Standard	£400.00
7 Day Pass	£18.55
Ffit Corporate	
Monthly Ffit Corporate Direct Debit	£36.00
One Month Ffit Corporate	£46.00
12 Month Ffit Corporate	£360.00
Ffit Junior (11-15 years old)	
Monthly Ffit Junior Direct Debit	£18.50
One Month Ffit Junior	£28.50
12 Month Ffit Junior	£185.00
Ffit Concession	
Monthly Ffit Concession Direct Debit	£25.00
One Month Ffit Concession	£35.00
12 Month Ffit Concession	£250.00
7 Day Membership (Over 60s Only)	£11.60
Ffit Disability	
Monthly Ffit Disability Direct Debit	£10.00
12 Month Ffit Disability	£100.00
Aquatic Pass (3-15 year olds & Senior Citizens)	
One Month Aquatic Pass	£16.85
12 Month Aquatic Pass	£168.50

DISCOUNT SUBSCRIPTION	
Discount subscriptions are valid for 12 months from the date of purchase. For membership eligibility criteria please visit our website.	
Disability	£16.50
Concession	£16.50

SWIMMING	
Swim (Adult)	£6.05
Swim (Concession)	£3.80
Swims X 10 (Adult)	£48.40
Swims X 10 (Concession)	£30.40
Swims X 25 (Adult)	£121.00
Swims X 25 (Concession)	£76.00
Books of swims can be used in all Ffit Conwy swimming pools	

GYM	
Gym Session 60 mins (Adult)	£8.00
Gym Session 60 mins (Concession)	£5.00
Fitness X 10 (Adult)	£64.00
Fitness X 10 (Concession)	£40.00
Books of Fitness can be used for Gym sessions and Exercise Classes, in all our facilities.	

EXERCISE CLASSES	
Exercise class (Adult)	£8.00
Exercise class (Concession)	£5.00
Fitness X 10 (Adult)	£64.00
Fitness X 10 (Concession)	£40.00
Books of Fitness can be used for Gym sessions and Exercise Classes, in all our facilities.	

GROUP TRAINING SESSIONS	
Gravity / Hyrox	£8.00
Gravity / Hyrox (Ffit Membership)	£5.00
Gravity / Hyrox X 10	£80.00
Gravity / Hyrox X 10 (Ffit Membership)	£50.00

COACHED / SUPERVISED ACTIVITIES	
Crèche	£3.35
Soft Play session 60 mins	£4.75

MAIN HALL	
Sessions last 60 min	
Badminton Adult	£14.00
Badminton Concession	£8.75
Badminton Adult (Ffit Membership)	£7.00
Badminton Concession (Ffit Membership)	£4.40
Hall hire for sport (Adult)	£56.00
Hall hire for sport (Junior)	£35.00
Table Tennis (Adult)	£8.60
Table Tennis (Concession)	£5.40

SQUASH COURT	
Sessions last 40 min	
Squash Adult	£9.20
Squash Concession	£5.75
Squash Adult (Ffit Membership)	£4.60
Squash Concession (Ffit Membership)	£2.90
Squash Adult X 3	£23.00
Squash Concession X 3	£14.35
Squash Adult X 3 (Ffit Membership)	£11.50
Squash Concession X 3 (Ffit Membership)	£7.17

ATHLETICS TRACK	
Sessions last 60 min	
Track session (Adult)	£4.35
Track session (Concession)	£2.70
Track X 10 (Adult)	£34.80
Track X 10 (Concession)	£21.60

BIRTHDAY PARTIES	
Soft Play Party	£114.95
Pool Party	£84.70
Roller Disco Party	£165.00

INDOOR TENNIS CENTRE	
Off Peak Tennis court hire 60 mins (Adult)	£12.50
Off Peak Tennis court hire 60 mins (Concession)	£8.40
Peak Tennis court hire 60 mins (Adult)	£19.00
Peak Tennis court hire 60 mins (Concession)	£12.20
Peak times are Monday to Friday 4pm till close. Off peak is Monday to Friday 9am till 4pm	

OUTDOOR COURTS	
Sessions last 60 min	
Tennis court hire (Adult)	£9.10
Tennis court hire (Concession)	£5.70
Netball court hire (Adult)	£20.90
Netball court hire (Junior)	£13.05

OUTDOOR PITCHES

6-a-side astro-turf 60 mins (Adult)	£37.10
6-a-side astro-turf 60 mins (Junior)	£23.20
6-a-side 3G/4G 60 mins (Adult)	£39.80
6-a-side 3G/4G 60 mins (Junior)	£24.90
Grass pitch 120 mins (Adult)	£53.35
Grass pitch 120 mins (Junior)	£33.35

Additional pitch sizes are available for hire. Please contact the relevant leisure centre for more information.

INDOOR 3G

Sessions last 60 min

5 a side quarter pitch (Adult)	£53.20
5 a side quarter pitch (Junior)	£33.25
Half Pitch (Adult)	£100.85
Half Pitch (Junior)	£63.05
Full Pitch (Adult)	£171.45
Full Pitch (Junior)	£107.15

TERMS & CONDITIONS

Concession charges apply to Juniors (under 16 years old) and Senior Citizens (60+)

Prices and charge periods may be altered giving 28 days' notice at this venue

Commercial bookings available by enquiry

Mae'r ddogfen hon ar gael yn Gymraeg hefyd

SWIMMING LESSONS

Monthly Swimming Lessons Direct Debit	£25.00
One to one swim lesson 30 min	£24.95
One to two swim lesson 30 mins	£30.00

SWIMMING LESSONS

Splash (lessons for 3 year olds)

Our Splash lessons are for children that are three years of age and in part-time school. These lessons have less children per group than our mainstream lessons and the Swim Teachers are in the water with the children.

Junior lessons

Our lessons are for children over four years of age that are in full-time education. The lessons are held after school and on Saturday mornings at each of our pools. The lessons follow the Swim Wales Aqua Passport framework. The framework ensures that children learn and develop all the skills required to become competent swimmers.

Adult lessons

These lessons are available at each pool and are available for non-swimmers up to competent swimmers that would like to improve their technique.

One-to-one & One to two lessons

We offer private swimming lessons for adults and juniors. These are offered outside the times of our swimming lesson programme.

0300 456 95 25

www.ffitconwy.co.uk

hamdden.leisure@conwy.gov.uk



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